

## MINUTES OF THE REGULAR MEETING OF THE SENIOR ADVISORY COMMISSION January 28, 2008

COMMISSIONERS PRESENT: Anne Creighton, Patrick Driscoll, Frank Kadlecek, Foster Lopes, Doris

Modesitt, Edward Murphy, Alice Pivacek

COMMISSIONERS ABSENT: None.

STAFF PRESENT: Katy Carter, Senior Center Director

Jessica Carter, Senior Center Coordinator

GUESTS: Leo and Vivian Martinez, Bill and Pat Nevarez, Andrew Ratermann,

Helen Rezendes, Jean Salmon

## MATTERS FOR COUNCIL ACTION - None.

I. <u>CALL TO ORDER</u> – The meeting was called to order by Chair Modesitt.

- II. MINUTES OF THE November 26, 2007 MEETING Approved as written.
- III. <u>CORRESPONDENCE/COMMUNICATION</u> The Commission received information on the City's new website address (<u>www.santaclaraca.gov</u>).

## IV. REPORTS -

- A. <u>Volunteers/Communication</u> Commissioner Kadlecek Requested a standard form be used for the suggestion box. Requested a form letter be sent out acknowledging suggestions received. Phones in the fitness room and woodshop need to be able to call 911.
- B. <u>Nutrition</u> Commissioner Modesitt The nutrition program is averaging 63 meals per day, and had 21 new members this month. The participants like the alternate meal plan. A band played during lunch one day this month. The hope is to have them play once each month.
- C. <u>Senior Center Assessment</u> Commissioner Driscoll Gave final report on the success of the Senior Center Assessment. His new assignment is to review and evaluate research opportunities that are being presented to the Senior Center. He will present his opinions to the other commissioners at upcoming meetings. He will sit in as an event evaluator as needed.
- D. <u>Health and Wellness/Case Management</u>— Commissioner Creighton Reported 100 office visits including blood pressure checks, 17 blood glucose screenings, 26 home visits, 166 Walk "N Talk participants, 171 drop-in blood pressures and 5 referrals, in the months of December and January. The Diabetes Support Class had 39 attendees in 5 meetings. Santa Clara Women's League assisted in delivering 75 holiday meals. Home Care Registry helped 38 families and 15 workers were referred in January.

- E. <u>Council on Aging</u> Commissioner Murphy Distributed monthly report. COA discussed the complaints regarding transportation needs for seniors in the Bay Area. Complaints are being followed up more closely and they are looking to provide a resolution to the problem.
- F. <u>Senior Center Needs/Expansion</u> Commissioner Pivacek Will serve as a liaison for transportation. The financial workshop was a big success, another is being planned in the spring. Santa Clara Weekly will do an article for publicity.
- G. <u>California Senior Legislature</u> Commissioner Lopes Reported that both bills proposed by him have made it to Congress. The one addressing the sale of a home is on the President's desk, waiting for his signature.
- V. <u>SUMMARY OF COUNCIL ACTIONS</u> The Commission reviewed City Council Actions pertaining to seniors.

## VI. NEW BUSINESS

- A. <u>Upcoming Events</u> The Commission reviewed the February 8, "Paws for a Cause" fund raiser, and the ShowTime fund raiser, March 7,8, and 9. The Senior Center Lunch Special is going very well and people are enjoying the variety. The menu for Thursday, February 21 is spaghetti and meatballs, salad and garlic bread.
- B. <u>New Equipment</u> WIFI is being installed for limited use. Hearing Impaired equipment is available for all meetings and seminars. Passage Point is being installed this week.
- VII. OLD BUSINESS The October motion made to post the agendas a week in advance was approved.
- VIII. <u>PUBLIC PRESENTATIONS</u> Leo Martinez would like to bring a Classic Car Show to the Senior Center. He would use it as a fund raiser for the Senior Center as well as donations for shelters.
- IX. <u>SUGGESTION BOX REVIEW:</u> Commissioners Modesitt and Kadlecek submitted a complete list of all suggestions received during the months of December and January.
- X. There being no further business, the meeting was adjourned. The next regular meeting is scheduled for February 25, 2008 at 10:00 a.m. at the Senior Center.

	GEORGE FREIDENBACH Acting Director of Parks and Recreation	ANNE CREIGHTON Secretary